



Lunch Menu for NUR - Year 2 (June 2026)

Day	Monday	Tuesday	Wednesday	Thursday	Friday
Date	1/6/2026	2/6/2026	3/6/2026	4/6/2026	5/6/2026
Morning snack	School Holiday	School Holiday	School Holiday	Seasonal fresh fruit	Seasonal fresh fruit
Milk/ Juice				Fresh milk	UHT juice
Main Western/ International				Chicken Hamonado (Filipino chicken in pineapple sauce)	Baked macaroni with chicken
Vegetarian dish				Aloo Kashmiri (Indian potato gravy)	Baked macaroni & Crispy mushrooms with zesty sauce
Main Asian				Stir-fried pumpkin with egg	Stir-fried mixed vegetables with tofu
Salads				Salads	Salads
Side dish				Clear soup with vegetables	Clear soup with vegetables
Rice				Steamed rice	Steamed rice
Afternoon snack				Strawberry smoothie	Honey cornflakes
Day				Monday	Tuesday
Date	8/6/2026	9/6/2026	10/6/2026	11/6/2026	12/6/2026
Morning snack	Seasonal fresh fruit	Seasonal fresh fruit	Seasonal fresh fruit	Seasonal fresh fruit	Seasonal fresh fruit
Milk/ Juice	Yogurt milk	UHT juice	Yogurt milk	Fresh milk	UHT juice
Main Western/ International	Roasted chicken with Italian herbs	Japanese ginger pork (Shogayaki)	Breaded Dory fish	Pasta Pork Bolognese	Chicken Tonkatsu
Vegetarian dish	Mashed potato with carrot	Garden fried rice with tomato sauce	Buttered corn	Pasta Napolitana, Chinese peppered tofu	Stir-fried Chinese Okra with egg
Main Asian	Stir-fried rice noodles and egg with dark soy sauce	Stir-fried mixed vegetables with tofu	Garden fried rice with tofu	Stir-fried mixed vegetables with mushrooms	Stir-fried tofu with mushroom sauce
Salads	Salads	Salads	Salads	Salads	Salads
Side dish	Clear soup with vegetables	Clear soup with vegetables	French fries	Clear soup with vegetables	Clear soup with vegetables
Rice	Steamed rice	Steamed rice	Steamed rice	Steamed rice	Steamed rice
Afternoon snack	Crackers	Strawberry jam sandwiches	Chocolate chip cookies	Banana cake	Strawberry cream cookies



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Day Date	Monday 15/6/2026	Tuesday 16/6/2026	Wednesday 17/6/2026	Thursday 18/6/2026	Friday 19/6/2026
Morning snack	Seasonal fresh fruit	Seasonal fresh fruit	Seasonal fresh fruit	Seasonal fresh fruit	Seasonal fresh fruit
Milk/ Juice	Yogurt milk	UHT juice	Yogurt milk	Fresh milk	UHT juice
Main Western/ International	Chef's fried chicken	Breaded pork	Chicken and spinach skillet pasta	Grilled chicken Yakitori sauce	Thai fried chicken
Vegetarian dish	Mapo tofu	Jeera Aloo (Indian cumin potatoes)	Tomato and spinach skillet pasta	Stir-fried bean sprouts with tofu	Pumpkin cream soup
Main Asian	Stir-fried mixed vegetables with tofu	Stir-fried tofu with garlic	Braised egg and tofu in soy soup	Garden fried rice	Stir-fried Chinese noodle with tofu
Salads	Salads	Salads	Salads	Salads	Salads
Side dish	Clear soup with vegetables	Clear soup with vegetables		Clear soup with vegetables	
Rice	Steamed rice	Steamed rice	Steamed rice	Steamed rice	Steamed rice
Afternoon snack	Crackers	Strawberry jam sandwiches	Mini pizza	Strawberry smoothie	Mini cinnamon roll
Day Date	Monday 22/6/2026	Tuesday 23/6/2026	Wednesday 24/6/2026	Thursday 25/6/2026	Friday 26/6/2026
Morning snack	Seasonal fresh fruit	Seasonal fresh fruit	Seasonal fresh fruit	Seasonal fresh fruit	Seasonal fresh fruit
Milk/ Juice	Yogurt milk	UHT juice	Yogurt milk	Fresh milk	UHT juice
Main Western/ International	Chef's fried pork	Rosemary grilled chicken	Chicken Teriyaki	Sweet and sour chicken	School finishes at 12 noon
Vegetarian dish	Vegetables casserole	Stir-fried mixed vegetables and mushrooms	Tomato cream soup	Jacket potato with baked beans	
Main Asian	Thai omelette soup	Sesame tofu	Fried boiled egg with tamarind sauce	Thai omelette with spring onion	
Salads	Salads	Salads	Salads	Salads	
Side dish		Clear soup with vegetables		Clear soup with vegetables	
Rice	Steamed rice	Steamed rice	Steamed rice	Steamed rice	
Afternoon snack	Crackers	Strawberry jam sandwiches	Chocolate chip cookies	Banana cake	