



LUNCH MENU for Year 3-13 (June 2026)

Day	Monday	Tuesday	Wednesday	Thursday	Friday
Date	1/6/2026	2/6/2026	3/6/2026	4/6/2026	5/6/2026
Main Western/ International	School Holiday	School Holiday	School Holiday	Chicken Hamonado (Filipino chicken in pineapple sauce)	Baked macaroni with chicken
Vegetarian dish				Aloo Kashmiri (Indian potato gravy)	Baked macaroni
Salad				Salad bar	Salad bar
Side Dish					
Side Dish					
Main Thai				Minced pork Thai spicy salad (Laab Moo)	Garlic pork
Main Thai				Stir-fried Morning Glory with bean paste	Crispy mushrooms with zesty sauce
Thai Vegetarian				Stir-fried pumpkin with egg	Stir-fried mixed vegetables with tofu
Noodles				Braised pork noodle soup	
Rice				Steamed rice	Steamed rice
Fresh fruits				Seasonal fresh fruits	Seasonal fresh fruits
Day				Monday	Tuesday
Date	8/6/2026	9/6/2026	10/6/2026	11/6/2026	12/6/2026
Main Western/ International	Roasted chicken with Italian herbs	Japanese ginger pork (Shogayaki)	Breaded Dory fish	Pasta Pork Bolognese/ Pasta Napolitana	Chicken Tonkatsu
Vegetarian dish	Mashed potato with carrot	Schezwan fried rice	Buttered corn	Chinese peppered tofu	Japanese curry
Salad	Salad bar	Salad bar	Salad bar	Salad bar	Salad bar
Side Dish			French fries		
Side Dish	Fried egg				
Main Thai	Stir-fried minced pork with basil leaves	Thai fried chicken	Stir-fried Chinese Kale with crispy pork	Panang pork curry	Stir-fried pork with shrimp paste
Main Thai	Mushrooms coconut milk soup	Vegetarian Thai spicy salad	Mushrooms Tomyum soup	Fried boiled egg with tamarind sauce	Stir-fried Chinese Okra with egg
Thai Vegetarian	Stir-fried rice noodles and egg with dark soy sauce	Stir-fried mixed vegetables with tofu	Garden fried rice with tofu	Stir-fried mixed vegetables with mushrooms	Stir-fried tofu with mushroom sauce
Noodles		Minced pork noodle soup		Braised chicken noodle soup with gourd	
Rice	Steamed rice	Steamed rice	Steamed rice	Steamed rice	Steamed rice
Fresh fruits	Seasonal fresh fruits	Seasonal fresh fruits	Seasonal fresh fruits	Seasonal fresh fruits	Seasonal fresh fruits



LUNCH MENU for Year 3-13 (June 2026)

Day Date	Monday 15/6/2026	Tuesday 16/6/2026	Wednesday 17/6/2026	Thursday 18/6/2026	Friday 19/6/2026
Main Western/ International	Chef's fried chicken	Breaded pork	Chicken and spinach skillet pasta	Grilled chicken Yakitori sauce	Korean pork Bibimbub
Vegetarian dish	Mapo tofu	Jeera Aloo (Indian cumin potatoes)	Tomato and spinach skillet pasta	Chana Masala (Indian chickpeas gravy)	Pumpkin cream soup
Salad	Salad bar	Salad bar	Salad bar	Salad bar	Salad bar
Side Dish					
Side Dish					
Main Thai	Winter melon curry with pork	Chicken coconut milk soup	Thai fish cake	Stir-fried ginger pork	Thai fried chicken
Main Thai	Stir-fried vermicelli with egg	Stir-fried Morning Glory with bean paste	Mixed mushrooms Thai salad (Laab)	Stir-fried bean sprouts with tofu	Stir-fried Chinese noodle with tofu
Thai Vegetarian	Stir-fried mixed vegetables with tofu	Stir-fried tofu with garlic	Braised egg and tofu in soy soup	Garden fried rice	Stir-fried mixed vegetables with mushroom
Noodles		Khao Soi (Thai curry noodle soup with chicken/tofu)		Minced pork noodle soup	
Rice	Steamed rice	Steamed rice	Steamed rice	Steamed rice	Steamed rice
Fresh fruits	Seasonal fresh fruits	Seasonal fresh fruits	Seasonal fresh fruits	Seasonal fresh fruits	Seasonal fresh fruits
Day Date	Monday 22/6/2026	Tuesday 23/6/2026	Wednesday 24/6/2026	Thursday 25/6/2026	Friday 26/6/2026
Main Western/ International	Chef's fried pork	Rosemary grilled chicken	Chicken Teriyaki	Kimchi pork stir fry	School finishes at 12 noon
Vegetarian dish	Vegetables casserole	Indian tamarind rice	Tomato cream soup	Jacket potato with baked beans	
Salad	Salad bar	Salad bar	Salad bar	Salad bar	
Side Dish					
Side Dish		Boiled egg			
Main Thai	Stir-fried chicken and long beans with chilli paste	Red roasted pork	Fresh bamboo shoot curry with pork	Sweet and sour chicken	
Main Thai	Thai omelette soup	Stir-fried mixed vegetables and mushrooms	Fried boiled egg with tamarind sauce	Thai omelette with spring onion	
Thai Vegetarian	Hot and spicy spaghetti stir fry with tofu	Sesame tofu	Garden fried rice with soy protein	Stir-fried mixed vegetables with tofu	
Noodles		Red roasted pork egg noodle soup		Chicken noodle soup	
Rice	Steamed rice	Steamed rice	Steamed rice	Steamed rice	
Fresh fruits	Seasonal fresh fruits	Seasonal fresh fruits	Seasonal fresh fruits	Seasonal fresh fruits	