



## LUNCH MENU for Year 3-13 (June 2026)

| Day                            | Monday   | Tuesday                                  | Wednesday                                   | Thursday   | Friday                                      |  |
|--------------------------------|--|--|---|--|---|--|
| Date                           | 1/6/2026   | 2/6/2026                                 | 3/6/2026                                    | 4/6/2026   | 5/6/2026                                    |  |
| Main Western/<br>International | <b>School Holiday</b>                                  | <b>School Holiday</b>                    | <b>School Holiday</b>                       | Chicken Hamonado<br>(Filipino chicken in<br>pineapple sauce) | Baked macaroni with<br>chicken              |  |
| Vegetarian dish                |  |  |   | Aloo Kashmiri (Indian<br>potato gravy)                       | Baked macaroni                              |  |
| Salad                          |  |  |   | Salad bar  | Salad bar                                   |  |
| Side Dish                      |  |  |   |  |   |  |
| Side Dish                      |  |  |   |  |   |  |
| Main Thai                      |  |  |   |  | Minced pork Thai spicy<br>salad (Laab Moo)  | Garlic pork                              |
| Main Thai                      |  |  |   |  | Stir-fried Morning Glory<br>with bean paste | Crispy mushrooms with<br>zesty sauce     |
| Thai Vegetarian                |  |  |   |  | Stir-fried pumpkin with<br>egg              | Stir-fried mixed<br>vegetables with tofu |
| Noodles                        |  |  |   |  | Braised pork noodle soup                    |  |
| Rice                           |  |  |   |  | Steamed rice                                | Steamed rice                             |
| Fresh fruits                   |  |  |   |  | Seasonal fresh fruits                       | Seasonal fresh fruits                    |
| Day                            |  |  |   | Monday   | Tuesday                                     | Wednesday                                |
| Date                           | 8/6/2026   | 9/6/2026                                 | 10/6/2026                                   | 11/6/2026  | 12/6/2026                                   |  |
| Main Western/<br>International | Roasted chicken with<br>Italian herbs                  | Japanese ginger pork<br>(Shogayaki)      | Breaded Dory fish                           | Pasta Pork Bolognese/<br>Pasta Napolitana                    | Chicken Tonkatsu                            |  |
| Vegetarian dish                | Mashed potato with carrot                              | Schezwan fried rice                      | Buttered corn                               | Chinese peppered tofu  | Japanese curry                              |  |
| Salad                          | Salad bar  | Salad bar                                | Salad bar                                   | Salad bar  | Salad bar                                   |  |
| Side Dish                      |  |  | French fries                                |  |   |  |
| Side Dish                      | Fried egg  |  |   |  |   |  |
| Main Thai                      | Stir-fried minced pork with<br>basil leaves            | Thai fried chicken                       | Stir-fried Chinese Kale<br>with crispy pork | Panang pork curry  | Stir-fried pork with shrimp<br>paste        |  |
| Main Thai                      | Mushrooms coconut milk<br>soup                         | Vegetarian Thai spicy<br>salad           | Mushrooms Tomyum<br>soup                    | Fried boiled egg with<br>tamarind sauce                      | Stir-fried Chinese Okra<br>with egg         |  |
| Thai Vegetarian                | Stir-fried rice noodles and<br>egg with dark soy sauce | Stir-fried mixed<br>vegetables with tofu | Garden fried rice with tofu                 | Stir-fried mixed<br>vegetables with<br>mushrooms             | Stir-fried tofu with<br>mushroom sauce      |  |
| Noodles                        |  | Minced pork noodle soup                  |   | Braised chicken noodle<br>soup with gourd                    |   |  |
| Rice                           | Steamed rice   | Steamed rice                             | Steamed rice                                | Steamed rice   | Steamed rice                                |  |
| Fresh fruits                   | Seasonal fresh fruits                                  | Seasonal fresh fruits                    | Seasonal fresh fruits                       | Seasonal fresh fruits  | Seasonal fresh fruits                       |  |