Lunch Menu for NUR - Year 2 (November-December 2026)

Day	Monday	Tuesday	Wednesday	Thursday	Friday
Date	2/11/2026,30/11/26	3/11/2026,1/12/26	4/11/2026,2/12/26	5/11/2026,3/12/26	6/11/2026,4/12/26
Morning snack	Seasonal fresh fruit	Seasonal fresh fruit	Seasonal fresh fruit	Seasonal fresh fruit	Seasonal fresh fruit
Milk/ Juice	Yogurt milk	UHT juice	Yogurt milk	Fresh milk	UHT juice
Main Western/ International	Orange Chicken	Meatballs in Tomato Sauce	Breaded Fish	Poached Chicken with Ginger	Chicken Tonkatsu
Vegetarian dish	Jacket Potatoes with Baked Beans	Napoletana	Buttered Corn	Tofu and Vegetable Curry	Japanese Curry
Main Asian	Stir-Fried Pork with Garlic	Fried Chicken with Sriracha Sauce	Five-Spice Braised Pork and Eggs	Fried Chicken	Stir-Fried Mix Vegetable
Salads	Salads	Salads	Salads	Salads	Salads
Side dish			French Fries		Clear Soup with vegetables
Rice	Steamed rice	Steamed rice	Steamed rice	Steamed rice	Steamed rice
Afternoon snack	crackers	Strawberry jam sandwiches	Cinnimon Roll	Soft Cookie	Cereal Corp
Day	**Monday**	**Tuesday**	**Wednesday**	**Thursday**	**Friday**
Date	9/11/2026,7/12/2026	10/11/2026,8/12/2026	11/11/2026,9/12/2026	12/11/2026,10/12/2026	13/11/2026,11/12/2026
Morning snack	Seasonal fresh fruit	Seasonal fresh fruit	Seasonal fresh fruit	Seasonal fresh fruit	Seasonal fresh fruit
Milk/ Juice	Yogurt milk	UHT juice	Yogurt milk	Fresh milk	UHT juice
Main Western/ International	Chef's Pork	Lemon Chicken with Potatoes	Carbonara	Chicken Parmigiana	Mac & Cheese
Vegetarian dish	Aglio e Olio with Spinach	Rajma Masala	Mushroom Soup	Stir-Fried Mixvegetable with Tofu	Penne all'Arrabbiata
Main Asian	Clear Soup with Fresh Bamboo Shoots and Minced Pork	Spring Onion Omelette	Southern Thai Braised Pork Belly	Clear Soup with Vegetable Eggs Tofu	Fried Chicken
Salads	Salads	Salads	Salads	Salads	Salads
Side dish		Clear Soup with vegetables			Clear Soup with vegetables
Rice	Steamed rice	Steamed rice	Steamed rice	Steamed rice	Steamed rice
Afternoon snack	crackers	Strawberry jam sandwiches	Mini Pizza	Fruit Smoothie	Strawberry cream cookies

Lunch Menu for NUR - Year 2 (November-December 2026)

Day	Monday	Tuesday	Wednesday	Thursday	Friday
Date	16/11/2026	17/11/2026	18/11/2026	19/11/2026	20/11/2026
Morning snack	Seasonal fresh fruit	Seasonal fresh fruit	Seasonal fresh fruit	Seasonal fresh fruit	Seasonal fresh fruit
Milk/ Juice	Yogurt milk	UHT juice	Yogurt milk	Fresh milk	UHT juice
Main Western/ International	Roasted Tarragon Chicken	Pork Steak With Gravy	Korean Chicken	Kimchi Pork	Hong Kong Cola Chicken
Vegetarian dish	Szechuan Fried Rice	Jeera Aloo	Macaroni Soup	Kashmiri Aloo	Tomato Soup
Main Asian	Tomato and Onion Omelette	Clear Soup with Tofu and Minced Pork	Stir-Fried Mixed Vegetables with Tofu	Fried Chicken	Clear Soup with Tofu and Minced Pork
Salads	Salads	Salads	Salads	Salads	Salads
Side dish		Clear Soup with vegetables		Clear Soup with vegetables	Boild Vegetable
Rice	Steamed rice	Steamed rice	Steamed rice	Steamed rice	Steamed rice
Afternoon snack	crackers	Strawberry jam sandwiches	Cinnimon Roll	Soft Cookie	Cereal Corp
Day	Monday	Tuesday	Wednesday	Thursday	Friday
Date	23/11/2526	24/11/2526	25/11/2526	26/11/2526	27/11/2526
Morning snack	Seasonal fresh fruit	Seasonal fresh fruit	Seasonal fresh fruit	Seasonal fresh fruit	Seasonal fresh fruit
Milk/ Juice	Yogurt milk	UHT juice	Yogurt milk	Fresh milk	UHT juice
Main Western/ International	Chef's Chicken	Shogayaki	Breaded Fish	BBQ Chicken	Breaded Pork With Korean Sauce
Vegetarian dish	Pumpkin Soup	Mapo Tofu	Teriyaki Fried Rice	Sambar	Kimchi Fried Rice
Main Asian	Stir-Fried Macaroni with Egg	Stir-Fried Vegetables with Textured Soy Protein	Spring Onion Omelette	Fried Egg	Stir-Fried Vegetables with Textured Soy Protein
Salads	Salads	Salads	Salads	Salads	Salads
Side dish	Clear Soup with vegetables	Clear Soup with vegetables	Clear Soup with vegetables	Clear Soup with vegetables	Clear Soup with vegetables
Rice	Steamed rice	Steamed rice	Steamed rice	Steamed rice	Steamed rice
Afternoon snack	crackers	Vanilla Waffle	Soft Cookie	Banana Cake	Strawberry cream cookies